

Many thanks to Kingsley Pullen (Royal West Norfolk Golf Club, Brancaster) for supplying these tide times.

Date	Tide Height	High Tide	On The Road	Off The Road	Tide Height	High Tide	On The Road	Off The Road
January 2022 High								
Saturday 1st	8.3	04:28	03:58	05:43	8.3	17:09	16:39	17:54
Sunday 2nd	8.6	05:30	04:30	07:15	8.6	17:58	16:58	19:43
Monday 3rd	8.7	06:27	05:27	08:12	8.8	18:45	17:45	20:45
Tuesday 4th	8.9	07:20	06:05	09:20	8.9	19:31	18:16	21:31
Wednesday 5th	8.9	08:10	06:55	10:10	8.9	20:14	18:59	22:14
Thursday 6th	8.5	08:59	08:14	10:29	8.7	20:58	19:58	22:43
Friday 7th					8.5	21:41	20:56	23:11
Tuesday 18th					8.3	18:55	18:25	20:10
Wednesday 19th					8.4	19:29	18:59	20:59
Thursday 20th					8.5	20:02	19:17	21:32
Friday 21st					8.5	20:36	19:51	22:06
Saturday 22nd					8.4	21:10	20:40	22:40
Sunday 23rd					8.3	21:47	21:17	23:02
Monday 31st	8.3	05:33	05:03	06:48	8.4	17:49	17:19	19:19

Date	Tide Height	High Tide	On The Road	Off The Road	Tide Height	High Tide	On The Road	Off The Road
February 2022 High								
Tuesday 1st	8.5	06:28	05:43	07:58	8.7	18:35	17:35	20:20
Wednesday 2nd	8.7	07:16	06:16	09:01	8.9	19:18	18:03	21:18
Thursday 3rd	8.7	08:01	07:01	09:46	9	19:59	18:44	22:14
Friday 4th	8.5	08:42	07:57	10:12	8.9	20:38	19:23	22:38
Saturday 5th	8.2	08:24	07:54	09:39	8.7	21:16	20:16	23:01
Sunday 6th					8.4	21:54	21:24	23:24
Wednesday 16th					8.3	18:37	18:07	19:52
Thursday 17th	8.2	07:04	06:34	08:19	8.5	19:10	18:25	20:40
Friday 18th	8.3	07:37	07:07	08:52	8.7	19:43	18:43	21:28
Saturday 19th	8.4	08:10	07:40	09:40	8.8	20:16	19:16	22:16
Sunday 20th	8.3	08:44	08:14	09:59	8.7	20:49	19:49	22:34
Monday 21st	8.2	09:19	08:49	10:34	8.6	21:25	20:25	23:10
Tuesday 22nd					8.3	22:04	21:34	23:19

Date	Tide Height	High Tide	On The Road	Off The Road	Tide Height	High Tide	On The Road	Off The Road
March 2022 High								
Tuesday 1st	8.2	05:34	05:04	06:49	8.4	17:40	17:10	19:10
Wednesday 2nd	8.5	06:23	05:38	07:53	8.7	18:22	17:22	20:07
Thursday 3rd	8.6	07:04	06:04	08:49	9	19:01	17:46	21:16
Friday 4th	8.6	07:41	06:41	09:26	9	19:38	18:23	21:53
Saturday 5th	8.5	08:16	07:31	09:46	9	20:14	18:59	22:29
Sunday 6th	8.3	08:47	08:17	10:02	8.8	20:49	19:49	22:49
Monday 7th					8.4	21:23	20:53	22:53
Thursday 17th					8.4	18:10	17:40	19:40
Friday 18th	8.3	06:39	06:09	07:54	8.7	18:44	17:44	20:29
Saturday 19th	8.5	07:12	06:27	08:42	8.9	19:18	18:03	21:18
Sunday 20th	8.6	07:46	06:46	09:31	9	19:52	18:37	22:07
Monday 21st	8.6	08:20	07:20	10:05	9	20:28	19:13	22:43
Tuesday 22nd	8.4	08:55	08:25	10:25	8.7	21:05	20:05	22:50
Wednesday 23rd					8.3	21:47	21:17	23:02
Wednesday 30th	8.2	06:25	05:55	07:40	8.4	18:22	17:52	19:52
Thursday 31st	8.4	07:07	06:37	08:37	8.7	19:01	18:01	20:46

Date	Tide Height	High Tide	On The Road	Off The Road	Tide Height	High Tide	On The Road	Off The Road
April 2022 High Tides								
Friday 1st	8.5	07:43	06:58	09:13	8.9	19:37	18:22	21:37
Saturday 2nd	8.5	08:14	07:29	09:44	8.9	20:13	18:58	22:13
Sunday 3rd	8.5	08:45	08:00	10:15	8.9	20:49	19:34	22:49
Monday 4th	8.4	09:15	08:45	10:45	8.6	21:23	20:23	23:08
Tuesday 5th	8.2	09:43	09:13	10:58	8.3	21:56	21:26	23:11
Friday 15th					8.4	18:37	18:07	20:07
Saturday 16th	8.4	07:09	06:39	08:39	8.7	19:13	18:13	20:58
Sunday 17th	8.6	07:43	06:43	09:28	8.9	19:50	18:35	21:50
Monday 18th	8.7	08:19	07:19	10:04	9	20:28	19:13	22:43
Tuesday 19th	8.7	08:56	07:56	10:41	9	21:10	19:55	23:25
Wednesday 20th	8.5	09:34	08:49	11:04	8.6	21:53	20:53	23:38
Thursday 21st	8.2	10:14	09:44	11:29	8.2	22:43	22:13	23:58
Thursday 28th					8.2	17:56	17:26	19:11
Friday 29th	8.2	08:23	07:53	09:38	8.5	18:35	17:50	20:05
Saturday 30th	8.3	08:32	08:02	09:47	8.6	19:13	18:13	20:58

Date	Tide Height	High Tide	On The Road	Off The Road	Tide Height	High Tide	On The Road	Off The Road
May 2022 High Tides								
Sunday 1st	8.4	07:44	07:14	09:14	8.6	19:49	18:49	21:34
Monday 2nd	8.4	08:15	07:45	09:45	8.5	20:25	19:40	21:55
Tuesday 3rd	8.3	08:46	08:16	10:01	8.3	21:01	20:31	22:16
Wednesday 4th	8.2	09:15	08:45	10:30				
Saturday 14th					8.3	17:58	17:28	19:13
Sunday 15th	8.4	06:35	06:05	08:05	8.6	18:41	17:41	20:26
Monday 16th	8.6	07:15	06:15	09:00	8.8	19:25	18:25	21:25
Tuesday 17th	8.7	07:55	06:55	09:40	8.9	20:11	18:56	22:11
Wednesday 18th	8.7	08:37	07:37	10:22	8.8	21:01	20:01	23:01
Thursday 19th	8.6	09:19	08:19	11:04	8.5	21:51	21:06	23:21
Friday 20th	8.4	10:04	09:34	11:34				
Sunday 29th					8.2	18:49	18:19	20:04
Monday 30th	8.2	07:16	06:46	08:31	8.2	19:28	18:58	20:43
Tuesday 31st	8.3	08:26	07:56	09:41	8.2	20:07	19:37	21:22

Date	Tide Height	High Tide	On The Road	Off The Road	Tide Height	High Tide	On The Road	Off The Road
June 2022 High Tides								
Wednesday 1st	8.3	08:22	07:52	09:37				
Thursday 2nd	8.2	08:53	08:23	10:08				
Sunday 12th					8.2	17:22	16:52	18:37
Monday 13th	8.2	06:04	05:34	07:19	8.5	18:16	17:31	19:46
Tuesday 14th	8.5	06:52	06:07	08:22	8.6	19:10	18:10	20:55
Wednesday 15th	8.6	07:37	06:37	09:22	8.7	20:04	19:04	21:49
Thursday 16th	8.7	08:23	07:23	10:08	8.7	20:58	19:58	22:43
Friday 17th	8.7	09:10	08:10	10:55	8.5	21:52	21:07	23:22
Saturday 18th	8.6	09:56	08:56	11:41	8.2	22:46	22:16	00:01
Sunday 19th	8.4	10:44	10:14	12:14				
Thursday 30th	8.2	08:04	07:34	09:19				

Date	Tide Height	High Tide	On The Road	Off The Road	Tide Height	High Tide	On The Road	Off The Road
July 2022 High Tides								
Friday 1st	8.2	08:37	08:07	09:52				
Saturday 2nd	8.2	09:10	08:40	10:25				
Tuesday 12th					8.2	18:06	17:36	19:21
Wednesday 13th	8.3	06:37	06:07	07:52	8.5	19:07	18:22	20:37
Thursday 14th	8.6	07:26	06:26	09:11	8.7	20:03	19:03	21:48
Friday 15th	8.8	08:13	07:13	10:13	8.7	20:55	19:55	22:40
Saturday 16th	8.9	08:58	07:43	10:58	8.6	21:45	20:45	23:30
Sunday 17th	8.9	09:43	08:28	11:43	8.4	22:34	22:04	00:04
Monday 18th	8.7	10:26	09:26	12:11				
Tuesday 19th	8.5	11:10	10:25	12:40				
Friday 29th	8.3	07:46	07:16	09:01				
Saturday 30th	8.4	08:19	07:49	09:49				
Sunday 31st	8.5	08:52	08:07	10:22				

Date	Tide Height	High Tide	On The Road	Off The Road	Tide Height	High Tide	On The Road	Off The Road
August 2022 High								
Monday 1st	8.5	09:25	08:40	10:55				
Tuesday 2nd	8.4	09:58	09:28	11:28				
Wednesday 3rd	8.3	10:32	10:02	11:47				
Thursday 11th	8.3	06:27	05:57	07:42	8.5	19:07	18:22	20:37
Friday 12th	8.7	07:15	06:15	09:00	8.7	19:58	18:58	21:43
Saturday 13th	9	07:59	06:44	10:14	8.8	20:44	19:44	22:44
Sunday 14th	9.2	08:41	07:26	11:11	8.7	21:27	20:27	23:12
Monday 15th	9.2	09:22	08:07	11:52	8.5	22:07	21:22	23:37
Tuesday 16th	9	10:01	08:46	12:16	8.2	22:43	22:13	23:58
Wednesday 17th	8.7	10:40	09:40	12:25				
Thursday 18th	8.2	11:20	10:50	12:35				
Saturday 27th	8.4	07:24	06:54	08:54	8.2	19:52	19:22	21:07
Sunday 28th	8.6	07:56	06:56	09:41	8.3	20:24	19:54	21:39
Monday 29th	8.7	08:28	07:28	10:13	8.4	20:56	20:26	22:26
Tuesday 30th	8.8	09:01	08:01	11:01	8.4	21:28	20:58	22:58
Wednesday 31st	8.7	09:32	08:32	11:17	8.3	22:01	21:31	23:16

Date	Tide Height	High Tide	On The Road	Off The Road	Tide Height	High Tide	On The Road	Off The Road
September 2022								
Thursday 1st	8.6	10:05	09:05	11:50				
Friday 2nd	8.3	10:40	10:10	11:55				
Thursday 8th					8.2	18:10	17:40	19:25
Friday 9th	8.5	06:15	05:30	07:45	8.6	19:01	18:01	20:46
Saturday 10th	8.9	06:59	05:44	08:59	8.8	19:44	18:44	21:44
Sunday 11th	9.1	07:39	06:24	09:54	8.9	20:22	19:07	22:22
Monday 12th	9.3	08:18	06:48	10:48	8.8	20:58	19:58	22:58
Tuesday 13th	9.2	08:55	07:40	11:25	8.6	21:31	20:31	23:16
Wednesday 14th	9	09:33	08:18	11:48	8.3	22:04	21:34	23:19
Thursday 15th	8.6	10:09	09:09	11:54				
Sunday 25th	8.5	06:55	06:10	08:25	8.4	19:24	18:54	20:54
Monday 26th	8.7	07:27	06:27	09:12	8.5	19:55	19:10	21:25
Tuesday 27th	8.9	07:59	06:44	09:59	8.6	20:27	19:27	22:12
Wednesday 28th	8.9	08:32	07:17	10:32	8.6	20:59	19:59	22:44
Thursday 29th	8.9	09:06	07:51	11:06	8.5	21:32	20:47	23:02
Friday 30th	8.7	09:41	08:41	11:26	8.3	22:07	21:37	23:22

Date	Tide Height	High Tide	On The Road	Off The Road	Tide Height	High Tide	On The Road	Off The Road
October 2022 High								
Saturday 1st	8.3	10:21	09:51	11:36				
Friday 7th					8.3	17:59	17:29	19:14
Saturday 8th	8.5	05:55	05:10	07:25	8.6	18:43	17:43	20:28
Sunday 9th	8.9	06:37	05:22	08:37	8.7	19:21	18:21	21:06
Monday 10th	9.1	07:15	06:00	09:30	8.8	19:54	18:54	21:54
Tuesday 11th	9.2	07:52	06:37	10:22	8.7	20:25	19:25	22:10
Wednesday 12th	9.1	08:29	07:14	10:44	8.6	20:57	19:57	22:42
Thursday 13th	9	09:05	07:50	11:20	8.4	21:28	20:58	22:58
Friday 14th	8.4	09:41	09:11	11:11				
Monday 24th	8.4	06:19	05:49	07:49	8.4	18:50	18:20	20:20
Tuesday 25th	8.7	06:53	05:53	08:38	8.6	19:23	18:23	21:08
Wednesday 26th	8.9	07:28	06:13	09:28	8.7	19:57	18:57	21:42
Thursday 27th	9	08:05	06:50	10:20	8.7	20:31	19:31	22:16
Friday 28th	9	08:44	07:29	10:59	8.6	21:08	20:08	22:53
Saturday 29th	8.7	09:27	08:27	11:12	8.4	21:47	21:17	23:17
Sunday 30th	8.3	09:14	08:44	10:29				

Date	Tide Height	High Tide	On The Road	Off The Road	Tide Height	High Tide	On The Road	Off The Road
November 2022 High								
Saturday 5th					8.2	16:34	16:04	17:49
Sunday 6th	8.4	04:29	03:59	05:59	8.4	17:16	16:46	18:46
Monday 7th	8.7	05:11	04:11	06:56	8.5	17:52	17:07	19:22
Tuesday 8th	8.8	05:49	04:49	07:49	8.6	18:24	17:24	20:09
Wednesday 9th	8.8	06:28	05:28	08:28	8.6	18:55	17:55	20:40
Thursday 10th	8.7	07:06	06:06	07:51	8.5	19:27	18:42	20:57
Friday 11th	8.5	07:43	06:58	09:13	8.4	19:58	19:28	21:28
Saturday 12th	8.2	08:19	07:49	09:34	8.2	20:28	19:58	21:43
Tuesday 22nd	8.2	04:37	04:07	05:52	8.3	17:14	16:44	18:29
Wednesday 23rd	8.5	05:19	04:34	06:49	8.5	17:52	17:07	19:22
Thursday 24th	8.7	06:01	05:01	07:46	8.7	18:31	17:31	20:16
Friday 25th	8.8	06:46	05:46	08:46	8.7	19:10	18:10	20:55
Saturday 26th	8.8	07:33	06:33	09:33	8.7	19:52	18:52	21:37
Sunday 27th	8.6	08:23	07:23	10:08	8.5	20:37	19:52	22:07
Monday 28th	8.3	09:16	08:46	10:31	8.3	21:25	20:55	22:40

Date	Tide Height	High Tide	On The Road	Off The Road	Tide Height	High Tide	On The Road	Off The Road
December 2022 High								
Tuesday 6th	8.2	04:45	04:15	06:00				
Wednesday 7th	8.3	05:28	04:58	06:43	8.3	17:58	17:28	19:13
Thursday 8th	8.3	06:10	05:40	07:25	8.4	19:31	19:01	21:01
Friday 9th	8.3	06:49	06:19	08:04	8.4	19:05	18:35	20:35
Saturday 10th					8.3	19:37	19:07	20:52
Sunday 11th					8.2	20:10	19:40	21:25
Thursday 22nd	8.3	04:52	04:22	06:07	8.3	17:27	16:57	18:42
Friday 23rd	8.5	05:46	05:01	07:16	8.6	18:13	17:13	19:58
Saturday 24th	8.7	06:38	05:38	08:23	8.7	18:58	17:58	20:43
Sunday 25th	8.7	07:31	06:31	09:16	8.8	19:43	18:43	21:43
Monday 26th	8.7	08:22	07:22	10:07	8.8	20:29	19:29	22:29
Tuesday 27th	8.4	09:15	08:45	10:45	8.7	21:16	20:16	23:01
Wednesday 28th					8.4	22:04	21:34	23:34
Thursday 29th					8.2	22:55	22:25	00:10